

*The bulletin*

# Cheese & Wine

*Hand made hospitality.*




*WELCOME TO OUR  
PLACE*

2<sup>nd</sup> edition may 2019

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**New** New addition to *the bulletin*

 Fish or seafood restaurant

 Near the Suites

 Top pick

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# ABOUT CHEESE & WINE

Lisbon Cheese & Wine Apartments/Suites is a different and unique concept to visit and enjoy Lisbon.

You will experience handmade hospitality, coupled with beautiful decorated units and scenarios.

THE SUITES: unique and exclusive rooms all with ensuite bathrooms and a gorgeous breakfast. Located in the trendy and central Santos design district and at walking distance to the major sightseeing attractions and trendy places.

THE APARTMENTS: comfortable and beautifully decorated units. Located on the most incredible places, most of them with breathtaking views, or simply the best location you can have in Lisbon historic city center.

Have a seat, enjoy a glass of wine, a slice of cheese, and get ready to embark on a journey through Lisbon. We want you to feel at home and to love this city as much as we do. To tell you some of our traditions and history and to show you the modern and vibrating places.

Our team is always ready to assist you in any way during your stay - whether with suggestions, directions, local tips, or just a friendly chat. Our goal is for you to truly enjoy your stay, as this is what we believe to be Handmade Hospitality.

Filipa and Sérgio

# DISCOVERING LISBON

The city of the seven hills tells a story with hundreds of years. With the historic city center and its surroundings very close to our suites and apartments, here you will find the right set to embark on those stories - overlooking the city from one of its hills or picturing how the city would look like before the big earthquake of 1755.

Ask us what areas, viewpoints or monuments you can't miss, and the ones you should avoid. Ask us where to find a fabulous restaurant, a modern bistro or a local diner away from the crowds... Ask us anything - our goal is for you to truly enjoy your stay, as this is what we believe to be Handmade Hospitality.



# GRAÇA

## THE BEST VIEWS OF THE CITY

Taking the unmissable 28 tram that crosses most of the city, you will arrive at one of its highest peaks, wondering how come you haven't strolled around in it before.

Graça is a labyrinth of streets mostly built during the industrial revolution era, where the companies would build housing and social infrastructures for their workers. The sense of belonging to a community is still very strong and each villa is proudly taken care of by their inhabitants.

Considered by many, Graça has the two most beautiful viewpoints of the city: Miradouro da Graça, by the church with the same name, and Miradouro da Senhora do Monte, by a chapel and a panel of tiles with a painted map of the city, so you are able to locate the landmarks you are seeing.

The flea market, "Feira da Ladra" as we call it, is not to be missed on Tuesdays and Saturdays if you are into treasure hunting. Next door, you have both the Monastery of São Vicente - again, beautiful views from the terrace and famous tile work illustrations of La Fontaine's fabulae - and the National Pantheon, where our high dignitaries lie to eternal rest.

On the top of the two oldest districts of Lisbon - Alfama and Mouraria - Graça is also filled with little shops, markets and typical restaurants

If your goal is to live like a true "lisboeta" this is the place you don't want to miss.

# ALFAMA

NARROW STREETS AND ALLEYWAYS, SMALL CAFES AND,  
OF COURSE, THE FADO MUSIC

We can definitely say that Alfama is the true heart of Lisbon. The neighborhood where the city was born.

Here you will find some of the most beautiful views over the city and the Tagus river. Get lost, don't worry about not being able to find your way back - you will always find the river in the middle of two buildings or at the end of a sloping street.

Being one of the most popular neighborhoods in Lisbon, Alfama still remains true to it's essence - and that is what we love about it.

It's impossible to say which element characterizes this picturesque district, because it is the ensemble of all the elements that makes it so special.

The Fado music; the clothes hanging at the windows; the colorful buildings; the smell of grilled sardines during summer; the new trendy restaurants, cafes and art galleries; and the hundreds of people who pass by every day - who are also part of this unique scenario.

# BAIXA

## STROLLING AND SHOPPING

After a massive earthquake that destroyed the city in 1755, Baixa became the jewel of the crown, after being completely rebuilt following the latest trends of urban architecture of that time.

Terreiro do Paço, the main square of Lisbon, hosts nowadays several government institutions, cultural venues as well the oldest café/restaurant in the city, Martinho da Arcada, where Fernando Pessoa - who still has a table permanently reserved - used to write.

The wide streets, formerly organized by guilds, where each one would be specific to a kind of merchant, are now filled with international brands.

Few have remained with their original display. Anyhow, you can still find the city's historical remaining shops and bakeries - those deserve definitely a visit!

The area is crowded and vibrant, hundreds of visitors and locals walk its streets, either for shopping, eating or just strolling.

The amount of churches and chapels is quite impressive and the sound of their bells punctuate the time going by.

# CHIADO

## ELEGANCE AND TRADITION

Since the 19th century, artists and intellectuals have met in this area, as the Opera house and the Academy of Fine Arts were just around the corner.

Furthermore, the oldest bookshop in the world, Livraria Bertrand, has been a meeting point for many generations in the busiest street of Chiado: our very own Rua Garrett.

At the same time, its trendy side hasn't been neglected: it has been a milestone for fashion for a long time. From the Selfridge's style old department stores, sadly destroyed during a fire back in the 80's, to the top brands that currently choose to open there, Chiado has always been the place to go for some fine shopping.

Keeping the high-quality standards of the area, several renowned chefs also choose the area to open their top and contemporary restaurants.

In Chiado's case, we might open an exception for wearing high heels in Lisbon. It deserves it.

# SANTOS

## THE PORTUGUESE WAY OF LIFE

Santos is one of the most typical and lively neighborhoods of the city, where you still get to feel the authentic Portuguese way of life, without having to leave the center.

Being just a few minutes away from the most crowded areas, this district mixes the comfort of a upmarket residential area - with tons of street shops, new beautiful restaurants opening every week and places to have a drink at night - with the vibrating vibe of museums, universities and the serenity of churches, chapels and the Bernardas Convent.

With the Tagus river at its feet, you will be able to enjoy Lisbon's magical light while having a drink on one of its many terraces - welcoming people, great ambience without overcharged prices!

Plenty of stores to explore, either you prefer well-known mid-century reproductions or creative contemporary items. For those jog loving travelers, the pedestrian path along the river is specially breathtaking for the early birds or later in the afternoon, offering front row tickets for a very special sunset.

# PRÍNCIPE REAL

## THE COOLEST NEIGHBOURHOOD IN TOWN

At the top of one of the city's seven hills, the São Roque hill to be precise, lies the trendiest district in Lisbon. The most beautiful aristocratic old buildings, immaculately maintained, several gardens each with its buzzing kiosks, stylish signature shops and trendy restaurants. It is definitely the place to see and to be seen!

On the main square, the one the area is named after, you have several markets taking place throughout the week: either you can find vintage treasures in the antique fair, handicrafts made by talented locals, or organic fruits and vegetables brought by farmers from all over the country who come to sell their high-quality products.

Many young entrepreneurs chose to settle here as the area was still not invaded by all the mainstream brands.

Here you will find a blend of several cuisine styles from all around the world, from concept hamburgers to Peruvian ceviche, you can find it all!

For unique souvenirs, you have Portuguese brands showcasing their proud makings in gallery-like concept stores. Not to be missed.

# CAIS DO SODRÉ

## THE BOHEMIAN DISTRICT

Located just by the river, for ages this area was only linked to the maritime trade and prostitution. It wasn't considered especially beautiful - as the buildings were in really bad state - and it was mainly frequented by locals, who would come everyday to take train or the ferry that crosses the river.

Over the last few years, the neighborhood was completely restored and is now known for its bohemian and trendy ambience, its kiosks by the river and the laid back atmosphere. Rua Nova do Carvalho (the famous "Pink Street" that was once known as Lisbon's "red light district") is now filled with hip bars and popular clubs, mixing the new cool trends with the old raw place.

The Mercado da Ribeira, also known as "Time Out Market", is the oldest market in Lisbon and it was also fully renovated.

Half of it was kept as a traditional market, the other half was transformed into a lounge area where the best chefs in town were invited to remake a smaller version of their fabulous restaurants. It is a vibrant area and you'll get to taste a sample of the best Lisbon has to offer.

# BELÉM

## TOURISTY FOR A GOOD REASON

Always associated with our expeditions during the XV century - as the Portuguese caravels used to leave from its waterfront- Belém is the area where you can find beautiful monuments, vast gardens, museums and, of course, the most famous pastries.

In 1940, when Portugal was still living under an authoritarian regime, a big exhibition about our history was held there and the setup for the event was so big, that they completely renewed the neighborhood, building new vast squares, buildings and monuments.

The Jerónimos Monastery, the newly opened MAAT museum and the electricity museum are among our favourites and are worth a visit. The Cultural Center of Belém (CCB) hosts temporary exhibitions, concerts and dances. Make sure you check their program.

The area is usually crowded so if you can, get there by early morning so you don't have to wait so long in queues. Don't forget to make the mandatory stop at the blue pastry shop, to try the famous and delicious "Pastéis de Belém".



# OUR FAVOURITES

Our list of places we always like to return.  
From seafood to typical Portuguese grandmother's  
food; from flea markets to trendy concept stores  
- we hope to fulfil your expectations.

# RESTAURANTS

## A CEVICHERIA

The Peruvian ceviche by the hand of one of our best-known chefs, Kiko Martins. Fashionable food, stylish interior in a bright cool space. They don't take reservations so if you don't want to wait for a long time, try not to get there after 7pm.

Rua dom pedro V, 129 // 12:30pm - 12:00am Daily

## TABERNA DA RUA DAS FLORES

This recreation of an old style Portuguese tavern has a special place in our hearts. During lunch, they usually have two options to choose and at night they serve little dishes to share - the famous "petiscos". Typical Portuguese cuisine, always with a unpretentious touch. They also don't accept reservations so try not to get there after 7pm!

Rua das flores, 103 // 12pm-11:30pm Monday to Friday  
// 6pm-11:30pm Saturdays

## CASA DO ALENTEJO

Beautiful and exotic - this place is a hidden jewel in the center of Lisbon. A Moorish-style Palace gives his charm to a delicious and traditional cuisine from the Alentejo region. Go for the daily dishes and try to go at lunch, as the place is worth visiting during daylight.

Rua Portas de Santo Antão, 58 // 10am - 11pm Daily

## **RAMIRO**

The famous seafood restaurant is in every guide book for a good reason - it is definitely a place you can't miss while visiting our city. It is usually very busy, so again, try to go early as they don't take reservations.

Av. Almirante Reis, 1 // 12pm- 12:30am Tuesday to Saturday

// 12pm-12am Sundays

## **PONTO FINAL**

A beautiful (probably the most beautiful) - scenic view of Lisbon, from the other side of the river. Really typical Portuguese grandmother's food! Traditional dishes that are difficult to find in many restaurants nowadays.

R. do Ginjal, 72, Cacilhas // 12pm-11pm - Wednesday to Monday

## **AZENHAS DO MAR**

Being literally over the ocean, you will be surrounded by the unique scent of the Atlantic. The food is wonderful - with fish caught in the traditional way - and the service is friendly and prompt.

Being really close to Sintra, this is the perfect place to relax after strolling around.

Restaurante das Piscinas Azenhas-do-Mar // 12:30pm - 11pm Daily

## **RIO MARAVILHA**

Inside the LX FACTORY - one of the coolest venues in town - this place joins a good restaurant with a lively bar and a breathtaking view. It is on the 4th floor of an old factory.

Lx Factory, Rua Rodrigues Faria, 103 // 12:30pm - 2am - Tuesdays to Sundays

## **TASCA KOME**

If you want to experience typical Japanese food this is the place to go. With exotic plates the waitress will guide you to find what fits you better! They serve not only a really nice sushi but also other delicious plates, because Japanese is not only about sushi. Give it a try!

Rua da Madalena, 57 // 12 am- 10 pm Tuesday to Saturday

## **PRADO**

A lovely place in the heart of the city that serve food with a twist! You will be surprised with the mix in the plates however, trust the chef, he certainly knows what he's doing, because the food is incredible! There are no traditional main courses, but small dishes that you share with your parner. You will find new flavors and at the same time feel the comfort and the simplicity of the food.

Travessa das Pedras Negras, 2 // 12-3.30pm and 7.00 to 11 pm  
Wednesday to Saturday //12 am to 5 pm Sunday

## **TABERNA FINA**

This restaurant it's for sure a unique experience. Prepare yourself for a dinner that you will never forget! They serve a tasting menu with fresh seasonal ingredients, chosen by the chef André Magalhães, that change throughout the year. It is the second project of the owners of Taberna da Rua das Flores. You have to book in advance.

Le Consulat, Largo Camões, 22 // 7 pm or 9 pm Tuesday to Saturday  
- Reservations only

## **FRADE DOS MARES**

The perfect choice if your goal is to enjoy some of the best seafood and fish we have to offer. Here we can assure you that the fish is always fresh and delicious.

Rua Dom Carlos I, 55A

// 12:30pm - 3pm | 6:30pm - 10:30pm Daily

## **TACHADAS**

Timeless, unpretentious and affordable classic portuguese Tasca (cantine). Here the product is at the center and has the main role. Good grilled fish and squid, Mirandela sausages, different types of meats freshly cut on the barbecue. A place where locals eat, especially at lunch time. They come for the lunch menu, with a main course, a drink and coffee for only 6€.

Rua da Esperança 178 // 12:00pm - 3pm and 7.00 - 11:00pm from Tuesday to Sunday

## **TABERNA DA ESPERANÇA**

It's a small comfortable restaurant with authentic Portuguese food to share. If you're in the mood to try some genuine Portuguese flavors these is the place to go.

Rua da Esperança, 112/114, Lisboa // Closes on Monday / From Tuesday to Friday 7:30 pm to 2 am / Weekends: from 1 pm to 4 pm and 7 pm to midnight

## **PETISCARIA IDEAL**

A cozy restaurant with traditional food to share. If you can't decide between the amazing Portuguese plates, you will be fine in Petiscaria Ideal. The idea is to share small plates so you can taste a little of everything you desire.

Rua da esperança, 102, Lisboa // Monday to Saturday from 7 pm to 2 am

## **CROUTON**

One of the kindest restaurants in Lisbon. Everything is organic and biological - the wine, the bread, the pizza, the beer and the ice-cream! Here you'll find the finest home-made bread in Lisbon, with an unique flavour! The space is small and simple, the menu is written on a wall, but the food is amazing!

Rua de São Bento, 337A // Midday to midnight Tuesday to Sunday

## O PITÉU DA GRAÇA

The kind of restaurant that welcomes you like you were a part of the family. A traditional Portuguese restaurant that is known for the friendly service and its excellent unpretentious food.

Largo da Graça, 95 // 12pm-3pm | 7pm - 10pm Monday to Friday  
// 7pm-10pm Saturdays

## UMA

Simple and traditional, this small seafood restaurant is known - and it's especially worthy - due to a particular dish, the Seafood rice. This Portuguese specialty is a "must have" and this is the place to have it! Do not expect the staff to speak English.

Rua dos Sapateiros, 177 // 12am - 10pm Monday to Saturday

## CASANOVA

For us this Italian restaurant has - by far - the best pizza in town. Being by the river it offers a great view with the comforts needed on the rainiest and colder days: Suspended heaters and a glass panel that will protect you from the wind.

Avenida infante Dom Henrique, Armazém B loja 7  
// 12:30pm - 1:30am Daily

## **PISTOLA Y CORAZÓN**

For us, the best Mexican restaurant in town! A small space with a young and unique atmosphere, with delicious tacos and margaritas. They don't make reservations and they are usually full, so our recommendation is to go early and at lunch hours. At Sundays, they only serve a special brunch menu, that is also very delicious.

Rua da Boavista, 16 // midday to midnight Wednesday, Thursday, Friday and Sunday // 6 pm to 12 pm Monday, Tuesday and Saturday

## **COMOBA** **New**

A truly unique cafe, serving high-quality, healthy, delicious food. Here there is no difference between breakfast, lunch and dinner. They use organic, seasonal produce from Portuguese farmers and fishermen, and their artisanal matcha is sourced directly from Japan. Their specialty coffee is roasted in small batches. COMOBA uses no refined sugar and no processed products of any kind. Comfortable, relaxed and welcoming, the café is set in a stylish central Lisbon location.

Rua de São Paulo 101 // everyday from 7.30am to 7.30pm

## **FAUNA & FLORA** **New**

If you like breakfast, this is your place! Brunch, dinner, here breakfast is king and could be taken all day long. Healthy positioning and trendy decoration. A nice new addition to our bulletin.

?????



## **LOCAL your healthy kitchen** **New**

Healthy concept restaurant, with international cuisine and pokes that you do yourself or follow the several suggestion they have on the menu. Great for Vegan and/or any Vegetarian no matter what kind. At lunch time it is advisable to book a table. The atmosphere is very trendy and international.

Av. 24 de Julho 54B// everyday from 9.30am to 11.00pm

# BARS

## PAVILHÃO CHINÊS

One of the most eclectic classic bars in Lisbon. You can easily spend hours looking through all of the uniquely decorated rooms, while enjoying some of their exquisite cocktails.

R. Dom Pedro V, 89 // 6pm-2am - Monday to Saturday

// 9pm-2am Sundays

## PARK

The best rooftop bar in town offers an outstanding view over the city, great music and a cool, laid back ambience. The bar is hidden away at the top of a car park but be sure: you won't be disappointed once you find it.

Calçada do Combro, 58 // 1pm - 2am Tuesday to Sunday

## PENSÃO AMOR

An old brothel was turned into a bar that now serves some of the best cocktails in town. The bohemian and trendy place honors the past in a classy way. You will find a sex shop, photographs and stories about the girls and sailors who used to work and frequent the house - a true must go!

R. do Alecrim, 19 // 12pm- 4am Daily

## **HOT CLUBE**

The oldest jazz club in Europe is open since 1948. Unfortunately, the original location burned in 2009, but the club was quickly reopened just two steps away. A reference among locals and jazz fans.

They always have jam sessions on Tuesdays, after 10:30pm.

Praça da Alegria, 48

## **TASCA DO JAIME**

When it comes to Fado, this little place in Graça is without a doubt our first choice. Friends and locals come together at this place to sing. We can call it “fado jam sessions” ... Unprofessional singers, but really genuine gatherings.

Rua da Graça, 91 // 4pm - 8pm - Saturdays, Sundays and bank holidays.

## **FOX TROT**

A very beautiful and special bar that offers a great atmosphere and high-quality drinks. A brilliant place with dim lighting, jazz music and gorgeous art deco decor.

Travessa de Santa Teresa, 28 // 18pm - 2am

## **LUX**

The one and only! The best nightclub in town. Being just next to the river, this is always a nice place to go, even if you don't want to go dance. The doors open at 11pm, and the balcony invites for an after-dinner drink during summer days.

Av. Infante D. Henrique, Armazém A, Cais da Pedra // 11pm - 6am - Thursday to Saturday

## **RIVE ROUGE**

Own by the same owner as Lux, this bar opened inside the Time Out market. It has the perfect lighting and ambience to have a conversation with friends or even get lost in the music if you're down for that.

Mercado da Ribeira // 5pm - 4am - Tuesday to Sunday

## **PROCÓPIO**

Entering this bar is stepping back to the early beginning of the 20th century. The Art Nouveau decor and the well-prepared cocktails are some of the reasons that makes us go back, again and again.

Alto de São Francisco, 21 // 6pm - 3am - Monday to Friday // 9pm - 3am - Saturdays

# PASTRY SHOPS

## CONFEITARIA NACIONAL

Confeitaria Nacional has kept the authenticity of traditional Portuguese pastry alive since 1829. It is impossible to be indifferent to the colorful cake window display.

Praça da Figueira, 18B // 8am-8pm - Monday to Saturday // 9am-8pm - Sundays

## PASTÉIS DE BELÉM

The most famous pastry shop in Lisbon is usually busier than we would like it to be. What most people don't know, is that they don't have to wait in line in order to try this little treat. You can pass through the big queue and eat them in the vast cafe that extends behind the shop front. Pick a table, have a seat, wait for the waiter and ask for at least two!

R. Belém, 84-92 // 8am - 11pm Daily

## DOCE REAL

A typical and simple cafe that has really, really good pastries. The small chicken pies and “pastéis de massa tenra” - they will know what you're talking about- are our favourites in Lisbon.

Rua Dom Pedro V , 119 // 7am - 7pm Tuesdays to Sundays // 7am - 5pm - Saturdays

## **MANTEIGARIA**

The conversation always warms up when discussing what are the best “pastéis de nata” in town. The duel is always Manteigaria vs. Pasteis de Belém, and no one ever knows the right answer. The bell starts to ring as soon as they come out of the oven - don't miss the opportunity if you hear it while strolling in Chiado.

Rua do Loreto, 2 // 8am-12am Daily

## **SACOLINHA**

A pastry shop that was famous in Cascais, is now also located in Chiado. The cafe itself is not beautiful at all, but the pastries are to die for. We know it's a strange mix, but ask for the sugar croissant with ham and cheese - you won't regret!

Rua Paiva de Andrada, 6 // 8am-8pm Daily

## **BENARD**

Open since 1868, this iconic cafe is known for its fresh and warm croissants. In the heart of Chiado, it is a mandatory stop, even if just for take away.

Rua Garret, 104 // 8:30am - 11pm - Monday to Saturday

# ICE CREAM SHOPS

## **GELATO DAVVERO** **New**

Simply the best ice creams in town. The place is beautifully decorated and also very comfortable to eat inside your ice cream. You can also play pimbal on some old fashioned flippers. A truly nice and very well done concept.

Av. Don Carlos I, 39 // daily from 12pm - 8pm // Friday and Saturday from 12pm-12am

## **NANARELLA**

This place will take you to Italy, while in Lisbon. The little ice cream shop serves the creamiest artisan ice cream you could ever wish. The shop is really small, but the garden in front of the parliament or the one in Praça das Flores are perfect for relaxing while enjoying this delicious treat.

Rua Nova da Piedade, 64A // 12am - 10pm Daily

## **SANTINI**

This ice cream shop opened in Cascais and it was so famous that everybody in Lisbon used to go there, just for this little treat. Now is also located in Chiado, Belem and Cais do Sodre, so you can easily have a taste of heaven without having to take the train.

R. do Carmo, 9 // 11am - 12am Daily

# DO AND SEE

## **GULBENKIAN**

The Modern Art museum is among our favourites. The two permanent collections - the founder's collection and the modern art collection - are two of the best in Lisbon. The labyrinthic botanic gardens are also beautiful and perfect to enjoy the kids. The amphitheater stage holds events from theatre to cinema and concerts during the months of June and July. In the first two weeks of August, the "Jazz em Agosto Festival" takes place.

Av. de Berna, 45

## **MUSEU DE ARTE ANTIGA**

"It is the home to the most important Portuguese public collection of art, ranging from paintings to sculpture, and gold and silverware, as well as decorative arts from Europe, Africa and the Far East." Even if we are not personally ancient art fans, one of the things we love about this museum, is that it gives us a good idea and knowledge about our history. It is also the best well managed museum, with high quality tours and audio guides. Don't miss the garden overlooking the river.

Rua das Janelas Verdes // 10am - 6pm Tuesday to Sunday



## 28 TRAM

The unmissable 28 is probably Lisbon's most known icon. It's always really busy and you will probably have to wait to be able to get in. Go early in the morning or in late afternoon. Lisbon is one of the safest cities in Europe but this doesn't apply to the 28. While on the tram, be special aware of your belongings. Don't trust the guy with a big map next to you, or even the nice old lady with a big smile on her face. This tram is the paradise for pickpockets.

## 25 TRAM

The 28 goes all the way up to Chiado, Baixa, Alfama and Graça - and it is beautiful. However, you will probably go in that direction anyway, while walking around in Lisbon. If you want a truly genuine experience on the tram - without being surrounded with lots of people - this is the perfect option. The ride is very beautiful and it will lead you to places that you probably wouldn't see otherwise: Campo de Ourique and Estrela - two residential districts, filled with gardens, commerce and really nice restaurants.

## **LX FACTORY**

"A creative island occupied by corporations and professionals of the industry serves also as stage for a diverse set of happenings related to fashion, publicity, communication, fine arts, architecture, music, etc.." Here you can really breath the industrial environment. Hosting our favourite bookshop - "Ler Devagar" and one of our favourite restaurants - "Rio Maravilha", this is obviously one of our favourite venues in town. On Sundays, they have their own flea market. If you are into handmade products, vintage clothes and new Portuguese labels, this is not to be missed.

Rua Rodrigues de Faria, 103

## **PRÍNCIPE REAL ON SATURDAYS**

Known for its famous markets, on Saturdays the square is filled with high quality products. The organic market happens every Saturdays and the antiques and crafts market takes place on the last Saturday of every month.

Jardim do Príncipe Real

## **MUSEU DO AZULEJO**

The museum - one of our favourites - is very well laid out, taking you through the history of tiles. The building is also stunning, based on a convent with a chapel and a nice courtyard next to the cafe.

Rua da Madre de Deus, 4 // 10am-6pm - Tuesday to Sunday

## CACILHAS

The waterfront district on the southern bank of the river offers one of the most beautiful views of Lisbon and restaurants known for their fresh fish. It's worth making the 10-minute journey on the ferry, from Cais do Sodré to Cacilhas. When on the other side of the Tagus, turn right and walk for about 1km. Don't worry if you just see warehouses, you will eventually get to the end, where you will see two restaurants (one of them being "Ponto Final", one of our favourites). After having your proper meal, go up on the big elevator and when on the top, enter "Casa do Conto" and enjoy the view over Lisbon from the beautiful gardens.

## BICA

It is no secret that while walking around in our city you will be climbing hills. You can avoid one of the most sloping streets by taking the famous yellow elevator. The ride is short but the view is beautiful! When you get to the top, you can either turn two lefts and go to "Miradouro de Santa Catarina" (great views, nice cafes); or turn right and stroll around the bustle and hustle of Chiado.

Rua de S. Paulo, 234

## FEIRA DA LADRA

Our famous Flea Market - also known as "the thieves market" - is right in the frontier of Alfama with Graça. It is not to be missed on Tuesdays and Saturdays if you are into treasure hunting.

Campo de Santa Clara // Tuesdays and Saturdays

# SHOPPING

## VELAS DO LORETO

This candle shop is one of the historic shops of Lisbon. Founded in 1789 it still maintains the beautiful copper and glass facade. Inside you can still find the original wooden furniture while feeling the scent of the candles.

Rua do Loreto, 53

## CONSERVEIRA DE LISBOA

This traditional canning store was founded in the 30's and it is still managed by the same family. The store maintains its original look, with the characteristic 30's style. The main counter, the shelves and the office didn't suffer any changes, so we're still able to sense the vibe of that decade.

Rua dos Bacalhoiros, 34

## REI DO BACALHAU

A peculiar antique shop, dedicated to the cod fish: the most cooked fish in Portugal.

Rua do Arsenal, 56

## **EMBAIXADA**

A breathtaking palace converted into a concept store, hosting Portuguese new labels. A visit is worth, even if you don't want to shop!

Praça do Príncipe Real, 26 // 12am-8pm - Daily

## **GARRAFEIRA NACIONAL**

A great selection of wines and beverages, mostly from Portugal, in all price ranges. The staff is really helpful and knowledgeable. They can provide packages, so you can take the wine in your suitcase.

R. de Santa Justa, 18

## **LUVARIA ULISSES**

Established in 1925 - when gloves were a mandatory accessory among the high society - this little bespoke glove maker still remains in Rua do Carmo to take us back in time. If you decide to buy a pair, know that they will forever repair it for free! Seems like a good business? At least is a valid reason to return to Lisbon...!

Rua do Carmo, 87A

## **A VIDA PORTUGUESA**

By the hand of Catarina Portas, in 2004 A Vida Portuguesa was brought to life. The idea was simple: “to create an inventory of the brands that survived the passage of time, to highlight the quality of Portuguese manufacture and to showcase Portugal in a surprising light.” These beautiful shops are filled with products and memories that can take us to other times. It is impossible not to love it.

Rua Anchieta, 11

Rua Ivens, 2

Largo do Intendente Pina Manique, 23

## **LER DEVAGAR**

What used to be an old printing house is now our favourite bookshop. You can spend hours browsing and discovering new authors or just pick one, take a seat, order a drink and read, knowing that the staff will not bug you or force you to buy anything. Truly not to be missed.

LX FACTORY, Rua Rodrigues de Faria, 103

## **DELIDELUXE**

A really brightly grocery store that also has a cafe right next to the river. From wines to foie gras, they have all the gourmet products that you could wish for.

Avenida Infante Dom Henrique, Armazém B, Loja 8

## REAL COMPANHIA DO CHÁ

Portugal is the oldest tea producer in Europe. We have been developing this tradition since the 19th century, and since then, the tea has always been part of our culture. However, it was by the hand of an Argentinian - that fell in love with our city - that this place was brought to life. A beautiful shop, with a calm and intimate atmosphere, filled with the “finest teas”.

R. do Poço dos Negros, 105







